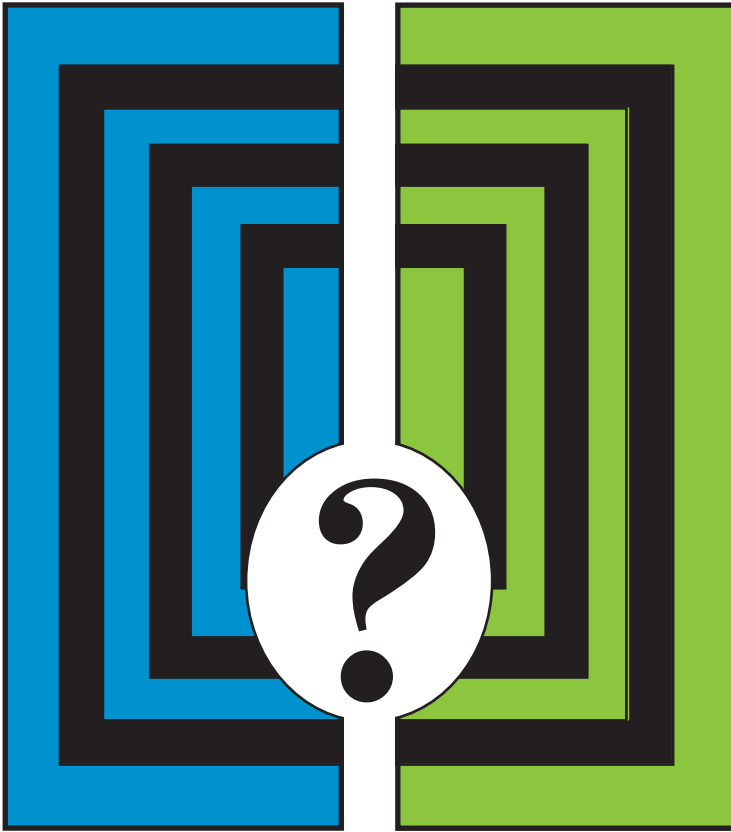


# Sorting Through The Maze



A North Hastings

## RESOURCE BOOK

Third Edition  
2010

## North Hastings Community Resource Book Third Edition

This booklet provides information about services in North Hastings for children, youth, adults and families. It also includes some information about provincial resources. This booklet does not contain all available resources. We hope that the organizations listed here can help “point the way” to many other services and supports.

Families First would like to thank the following for their assistance in developing and producing this resource:

- United Way of Quinte
- North Hastings Community Integration Association
- Marsha Pace, Imagine...Design & Computer Services

We hope that you will find this resource booklet helpful and easy to use. The Resource Committee of Families First invites your comments about this booklet. Please forward them to:

Families First  
P.O. Box 1508  
Bancroft, Ontario  
K0L 1C0  
613-332-2090  
[Ljenkins@nhcia.ca](mailto:Ljenkins@nhcia.ca)

To access this resource online, please go to:  
[www.families-first.ca](http://www.families-first.ca)

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## **Hastings Housing Resource Centre**

Target Group:	Anyone seeking housing 16 years of age & up.
Services:	Free current listings; housing education and counseling; assisting tenants to keep housing; referrals to landlords; mediation services; and non-profit housing application assistance.
Telephone:	613-332-8156
Fax:	613-969-1464
Email:	retas@hastingshousing.com
Website:	www.hastingshousing.com
Address:	210A Front St., Belleville, ON K8N 2Z2

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## **Mental Health Services**

### **Hastings Prince Edward Corporation**

Target Group:	Individuals 16 years and older with serious mental illness.
Services:	Assistance to find housing. See page 44 for complete list of services.
Telephone:	613-332-3826
Address:	33 Flint Ave., Bancroft, ON K0L 1C0

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## **North Hastings Community Integration Association**

Target Group:	Individuals over 18 years with an intellectual disability.
Services:	Day support services utilizing both NHCIA and community resources/activities. Facilitating opportunities for work, volunteerism and community participation See complete listing in Family Support & Resources page 28.
Telephone:	613-332-2090

## **North Hastings Non-Profit Housing Corporation Woodview Lanes Town Homes**

Target Group:	Persons with moderate or low income.
Services:	Government subsidized townhouse development in downtown Bancroft.
Telephone:	613-332-0876
Email:	rorymcrandall@yahoo.ca
Address:	1 Woodview Lane, Bancroft, ON K0L 1C0

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## **Youth Habilitation Quinte Inc.**

Target Group:	Ages 16 - 24 years old.
Services:	Providing housing and independent living with subsidized supportive housing.
Telephone:	613-332-5558
Fax:	613-332-2687
Email:	jmartin@youthab.ca
Website:	www.youthab.ca
Address:	Box 878, 2 Bridge St. E. Bancroft, ON K0L 1C0

## **Adult Day Services – Victoria Order of Nurses**

Target Group:	Adults with Alzheimer’s Disease or related dementia - CVA - Acquired Brain Injury.
Services:	Day respite services.
Telephone:	613-332-3126
Fax:	613-332-5053
Email:	patty.abrams@von.ca
Website:	www.von.ca
Address:	1 Manor Lane, Lower Level Bancroft, ON K0L 1C0

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## **North Hastings Community Integration Association**

Target Group:	Individuals over 18 years with an intellectual disability.
Services:	Day support services utilizing both NHCIA and community resources/activities. Facilitating opportunities for work, volunteerism and community participation. See complete listing in Family Support & Resources.
Telephone:	613-332-2090

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## Children's Mental Health Services

Target Group:	Families, children and youth up to age 18.
Services:	Community-based, not-for-profit counselling services to individuals, families and groups for the full spectrum of mental health, behavioural and parenting issues.
Telephone:	613-332-3807
Fax:	613-332-9976
Website:	cmhs-hpe.on.ca
Address:	8 Hastings St. N., Box 88 Bancroft, ON K0L 1C0

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## Counselling Services of Belleville and District (C.S.B.D.)

Target Group:	Birth throughout life span.
Services:	Adult Protective Services; Family Resource and Support; Behavioural Consulting Service; Home Personnel and Resource Program; Individual, Marital and Family Counselling Program; Autism Intervention Program; Infant and Child Development Program; Supervised Access Service; and Family Court Clinic.
Telephone:	613-332-3227 or 613-966-7413
Fax:	613-966-2357
Email:	csbd@csbd.on.ca
Website:	www.csbd.on.ca
Address:	12 Moira St East, Belleville, ON K8P 2R9 2A Bridge Street East, Bancroft, ON K0L 1C0

## **Food for You – Food for Two Hastings and Prince Edward Counties Health Unit**

Target Group:	Expecting/new parents.
Services:	Drop-in for expecting parents or families with babies up to six months old. A registered dietician and public health nurse will answer questions. Childcare, healthy snack, and free grocery voucher provided each week. Free transportation can be arranged.
Telephone:	613-332-4555
Fax:	613-332-5418
Website:	<a href="http://www.hpechu.on.ca">www.hpechu.on.ca</a>
Address:	Box 99, 1 Manor Lane, Unit 1, Second Floor Bancroft, ON K0L 1C0



## **Hastings Children's Aid Society**

**Target Group:** Children up to 16 years of age and their families. People can still call to report abuse of a child over 16. The CAS can direct callers to the appropriate resource/community service.

**Services:** To respond to the needs of children requiring protection and care by providing ongoing support to families and the community. To address the causes of child maltreatment and thus prevent such maltreatment and to collaborate with community partners in the fulfillment of our role with the following services: Intake, Family, Children, Foster Care, After Hours & Adoption.

**Telephone:** 613-332-2425  
After hours emergency 1-800-267-0570

**Fax:** 613-332-5686

**Email:** [info@hastingscas.org](mailto:info@hastingscas.org)

**Website:** [www.hastingscas.org](http://www.hastingscas.org)

**Address:** 16 Billa St., Ste 104, Bancroft, ON K0L 1C0

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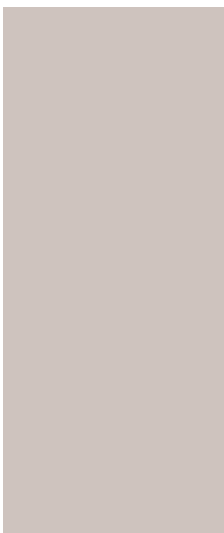
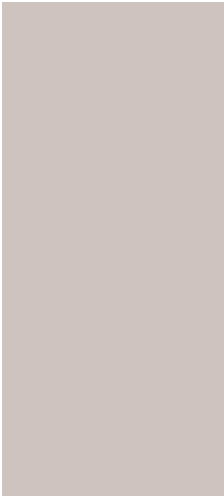
## **Kids Help Phone**

**Target Group:** Kids needing someone to talk to/listen.

**Services:** Telephone counselling. Help with questions or concerns. Confidential. Helps to find services in your community.

**Telephone:** 1-800-668-6868

## **Métis Nation of Ontario - The Aboriginal Healthy Babies/**



**Children and Family Support** – ages 3-14 yrs and family. Support includes community involvement, parent support and referrals.

**Out-of-home Respite** – for children 0 -18 yrs who have multiple needs and their families.

**Summer Camp** – offered in partnership with North Hastings Children's Services and the Town of Bancroft for children aged 5 - 13 yrs. Fun activities with the focus on building self-esteem, community awareness and swimming. This camp is free with the purchase of a NHCS membership.

**Assistance with funding applications for various programs.**

Please see more details in the Family Support section.

Telephone:

613-332-2090



## Quinte Children's Treatment Centre

Target Group:	We accept referrals for children under 5 years of age with developmental delay communication challenges and any child from birth to 19 yrs with a physical disability. Preschool children with only speech and language concerns should be referred to the Preschool Speech and Language Program by calling 613-969-7400, ext 2249
Services:	A medical referral from a family doctor, walk-in clinic physician or any medical specialist is required.
Telephone:	613-969-7400 ext. 2264
Fax:	613-961-2529
Email:	<a href="mailto:info@quintectc.com">info@quintectc.com</a>
Website:	<a href="http://www.quintectc.com">www.quintectc.com</a>
Address:	Belleville General Hospital - Cavell Building 265 Dundas St. E., Belleville, ON K8N 5A9



## **Algonquin and Lakeshore Catholic District School Board**

Target Group:	School aged children in North Hastings.
Services:	Kindergarten to Grade 8 classroom instruction and related assessments.
Telephone:	613-354-6257 or 1-800-581-1116
Fax:	613-354-0549
Email:	info@alcdsb.on.ca
Web:	www.alcdsb.on.ca
Address:	151 Dairy Avenue, Napanee, ON K7R 4B2

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## **Bancroft Adult Learning Centre**

Target Group:	People 18 years of age and older needing high school credits.
Services:	Correspondence - high school credits.
Telephone:	613-332-9930
Fax:	North Hastings High School 613-332-1220 613-332-9971
Address:	17 Snow Road, Unit 4, Box 190 Bancroft, ON K0L 1C0

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## **Comhnadh Consulting (Lindsay Moir)**

Target Group:	Exceptional children, children with special needs and parents.
Services:	Information and support for families/children requiring special assistance from school.
Telephone:	519-660-0493
Fax:	519-660-1419
Email:	<a href="mailto:l.moir@sympatico.ca">l.moir@sympatico.ca</a>
Address:	92 Cumberland Cresc., London, ON N5X 1B6

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## **Hastings and Prince Edward District School Board**

Target Group:	School aged children and youth in North Hastings. Also offers adult and correspondence education and e-learning.
Services:	Kindergarten to Grade 12 classroom instruction and related supports/assessments.
Telephone:	613-332-2165 or 1-800-267-4350 or 613-966-1170
Fax:	613-991-2003
Email:	<a href="mailto:information@hpedsb.on.ca">information@hpedsb.on.ca</a>
Website:	<a href="http://www.hpedsb.on.ca">www.hpedsb.on.ca</a>
Address:	156 Ann St., Belleville, ON K8N 1N9

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## **Métis Nation of Ontario - Bancroft**

Target Group:	Métis people of all ages.
Services:	We promote health and healing with an aim to reduce family violence. Program activities include advocacy and support for: crisis interventions, stress prevention, alcohol related issues, proper nutrition, and physical fitness. Monthly workshops and presentations held in the centre and in the community.
Telephone:	613-332-2575, ext. 21
Toll Free:	1-877-407-1180
Fax:	613-332-3042
Email:	<a href="mailto:traceyd@metisnation.org">traceyd@metisnation.org</a>
Website:	<a href="http://www.metisnation.org">www.metisnation.org</a>
Address:	Box 537, 91 Chemaushgon Street Bancroft, ON K0L 1C0

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## **Sagonaska Demonstration School**

Target Group:	Children with learning disabilities under 16 years.
Services:	A residential school with a one year intensive program for students with severe LD. Applications must come from the school board.
Telephone:	613-967-2830
Fax:	613-967-2482
Address:	350 Dundas St. W, Belleville, ON K8P 1B2

## Sir James Whitney School and Resource Services

Target Group:	Individuals (birth to 21 years) who are hearing impaired or deaf throughout Ontario.
Services:	Residential school for deaf students (Kindergarten to Grade 12); pre-school services for deaf children (birth to 6 years); post graduate upgrading (academic and vocational) for adults; services include assessment, direct service, referral and consultation with pre-schools and boards of education.
Telephone:	1-800-501-6240 or 613-967-2823
Fax:	613-967-2857
Website:	<a href="http://www.sjw.reach.net">www.sjw.reach.net</a>
Address:	350 Dundas St. W., Belleville, ON K8P 1B2

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## Career Edge

Target Group:	Individuals needing assistance with career planning, skills enhancement, job search & self-employment.
Services:	Employment consultant services. Individual employment counselling. Resume writing, interview techniques and developing a return to work action plan.
Telephone:	613-332-3804
Fax:	613-332-2151
Website:	<a href="http://www.careeredge.on.ca">www.careeredge.on.ca</a>
Address:	5 Fairway Blvd., Unit 6, RR#2 Bancroft, ON K0L 1C0

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## Loyalist College of Applied Arts and Technology & Job Connect

Target Group:	Adults 19 years old and older - education programs. 15 years and older-employment programs.
Services:	College prep, retraining for Workplace Safety and Insurance Board (WSIB) recipients, second career assistance, plus post secondary and continuing education courses. Employment services, job boards, employer contacts, one-on-one assistance and groups or one-on-one workshops, summer job search assistance.
Telephone:	613-332-1743
Fax:	613-332-4773
Email:	<a href="mailto:info@loyalistcbancroft.on.ca">info@loyalistcbancroft.on.ca</a>
Website:	<a href="http://www.loyalistcbancroft.com">www.loyalistcbancroft.com</a>
Address:	195 Hastings St. N., Box 10 Bancroft, ON K0L 1C0

## **North Hastings Community Integration Association**

**Target Group:** Youth/adults with an intellectual disability and their support networks.

**Services:** Pre-employment training, supported employment referral, employment related referrals. Summer employment opportunities and work placements for youth. See complete listing in Family Support & Resources.

**Telephone:** 613-332-2090

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## **Ontario Disability Support Program - Employment Supports**

**Target Group:** Individuals over 16 years of age with a disability.

**Services:** Employment Supports (including job development and job retention supports) are available to persons with disabilities who may or may not be receiving ODSP Income Support, and require goods and services that will allow them to pursue their competitive employment or self-employment goals; employment can be part-time, full-time, or temporary; students with disabilities who are seeking part-time employment while in school may also be eligible; verification of disability may be required for some applicants; application packages are available at ODSP offices, on the Ministry's website and at many community agencies

**Telephone:** 1-800-267-4355

**TTY:** 613-962-2927

**Fax:** 613-966-9788

**Address:** 199 Dundas St. East  
Belleville, ON K8N 1E2

## Ontario Works

**Target Group:** Anyone receiving Ontario Works Benefits.

**Services:** Volunteer and paid employment services.

**Telephone:** 613-332-3410

**Fax:** 613-332-5550

**Address:** 27578 Hwy 62S,  
Box 1860, Bancroft, ON K0L 1C0

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## Service Canada Centre

**Target Group:** Unemployed persons, seniors, travelers, individuals who would receive benefits from EI fund, employers, immigrants, aboriginals.

**Services:** Employment Insurance benefits. Social Insurance Numbers. Canada Pension & Old Age Security. Pleasure craft licences, aboriginal information, youth & student services. Job bank and labour market information. Passports.

**Telephone** 613-332-2528

**Fax:** 613-332-5517

**Website:** [www.servicecanada.gc.ca](http://www.servicecanada.gc.ca)

**Address:** 5 Fairway Blvd., RR 2, Bancroft, ON K0L 1C0

# FAMILY SUPPORT & RESOURCES

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## **Alzheimer Society of Belleville-Hastings-Quinte North Hastings office**

**Target Group:** Individuals diagnosed with Alzheimer's disease or other type of dementia, as well as their caregivers (family members, friends or professionals).

**Services:** Individual support, counselling and education. Group support is provided through monthly gatherings of the "Friends of Bancroft." Our members always welcome new inquiries. We also offer public education sessions (upon request), seminars, phone consultations and a lending library. Numerous free resources are also available.

**Telephone:** 613-332-4614

**Fax:** 613-332-0432

**Email:** [Sara.Krieger@alzheimersocietyofbhq.com](mailto:Sara.Krieger@alzheimersocietyofbhq.com)

**Website:** [www.alzheimersocietyofbhq.com](http://www.alzheimersocietyofbhq.com)

**Address:** 1 Manor Lane, Box 1786  
Bancroft, ON K0L 1C0



## **Bancroft Pregnancy Care Centre**

<b>Target Group:</b>	Anyone in a crisis relating to pregnancy
<b>Services:</b>	Info on pregnancy, miscarriage & abortion alternatives & adoption. Free confidential pregnancy tests. Incentive program for completion of prenatal classes. Peer support and referral to all community resources. Diapers & diaper bag, formula, baby clothes, baby food, maternity clothes & layette gift bag for mom and baby.
<b>Telephone:</b>	613-332-4673
<b>Fax:</b>	613-332-1231
<b>Email:</b>	pregnancycarecentre@bellnet.ca
<b>Address:</b>	35 Sherbourne St. North, Box 511 Bancroft, ON K0L 1C0

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## **Brain Injury Association Quinte District**

<b>Target Group:</b>	Support individuals with acquired brain injuries, their families and their communities.
<b>Services:</b>	Drop-in centre for resources/referrals Monthly support meetings in Belleville (last Thursday of every month). Promote education, information Peer support mentoring program
<b>Telephone:</b>	613-967-2756 or 1-866-894-8884
<b>Fax:</b>	613-967-1108
<b>Email:</b>	info@biaqd.ca
<b>Website:</b>	www.biaqd.ca
<b>Address:</b>	281 Front St, Belleville, ON K8N 3K4

## **Cangrands National Kinship Support**

<b>Target Group:</b>	Anyone raising a kin or grandchild or has been denied access to grandchildren
<b>Services:</b>	Internet support. Suggestions on court and parenting. Annual camp. Local chapter meetings (30 chapters across Canada). Public speaking on “kinship”.
<b>Telephone:</b>	613-474-0035
<b>Email:</b>	grandma@cangrands.com
<b>Website:</b>	www.cangrands.com
<b>Address:</b>	2580 Hartsmere Road McArthurs Mills, ON K0L 2M0

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## **Community Living Ontario**

<b>Target Group:</b>	Individuals who have an intellectual disability, their families and interested community members.
<b>Services:</b>	Support; education; referral and resources; member of the Canadian Association for Community Living.
<b>Telephone:</b>	416-447-4348 or 1-800-278-8025
<b>Website:</b>	www.communitylivingontario.ca
<b>Address:</b>	240 Duncan Mill Road, Suite 403 North York, ON M3B 1Z4

# FAMILY SUPPORT & RESOURCES

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## **Counselling Services of Belleville and District (C.S.B.D.)**

Target Group:	Birth throughout life span.
Services:	Adult Protective Services; Family Resource and Support; Behavioural Consulting Service; Home Personnel and Resource Program; Individual, Marital and Family Counselling Program; Autism Intervention Program; Infant and Child Development Program; Supervised Access Service; and Family Court Clinic.
Telephone:	613-332-3227 or 613-966-7413
Fax:	613-966-2357
Email:	csbd@csbd.on.ca
Website:	www.csbd.on.ca
Address:	12 Moira St East, Belleville, ON K8P 2R9 2A Bridge Street East, Bancroft, ON K0L 1C0

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## **Families First**

Target Group:	Children, Youth and Families in North Hastings
Services:	Develop education and supports for area agencies and organizations servicing children, youth and families. Create opportunities for families by working collaboratively with schools, services providers and businesses. Member of C.A.S.T (Community and Schools Together)
Telephone:	613-332-2090
Email:	l.jenkins@nhcia.ca
Website:	www.families-first.ca
Address:	2 Alice Street, Bancroft ON K0L 1C0

# FAMILY SUPPORT & RESOURCES

## Family Alliance Ontario

Target Group:	Cross disability, non-profit organization for Ontarians.
Services:	Family network organization sharing information and strategies, support each other, promote inclusion and advocacy.
Telephone:	416-661-9611 ext. 207 alliance@family-alliance.com <a href="http://family-alliance.com/contact.html">http://family-alliance.com/contact.html</a>
Address:	c/o Hamilton Family Network 22 Leeming Street, Hamilton, ON L8L 5T3

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## Family Space (Quinte Inc.)

Target Group:	Children (birth-12 years old) attending a child care program who have special needs or would require extra support in a licensed child care program,
Services:	Resource Consultant Program
Telephone:	1-800-952-2279 and/or 613-966-9427
Fax:	613-966-8819
Email:	<a href="mailto:info@familyspace.ca">info@familyspace.ca</a>
Website:	<a href="http://www.familyspace.ca">www.familyspace.ca</a>
Address:	301 MacDonald Ave., Belleville, ON K8N 3Z3

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# FAMILY SUPPORT & RESOURCES

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## Geneva Centre for Autism

**Target Group:** Children & adults already diagnosed with Autism or PDD and their families. Must live in Toronto area.

**Services:** Consultation and resources. Training for parents and professionals. Various programming for children including social skills, respite, IBI, speech & language, behaviour services. Support groups for parents. Support groups & social clubs for adults with autism.

**Telephone:** 416-322-7877 or 1-866-436-3829

**Fax:** 416-322-5894

**Email:** [info@autism.net](mailto:info@autism.net)

**Website:** [www.autism.net](http://www.autism.net)

**Address:** 112 Merton St., Toronto, ON M4S 2Z8

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## Hospice North Hastings

**Target Group:** Individuals with terminal illness and their families. Individuals who have suffered the loss of a loved one. Anyone needing the use of medical equipment.

**Services:** Visiting volunteers support terminally ill persons in their homes/hospital/manor. Bereavement support groups. Weekly coffee socials; structured fall/spring evening programs; lending library with books on health issues and grief support.

Medical equipment loan cupboard.

Two rooms at the Hospice House for the End of Life Care Program, where terminally ill persons can spend their last days in a peaceful, supportive environment. Office hrs Mon-Fri 9-3.

**Telephone:** 613-332-8014

**Fax:** 613-332-8014

**Email:** [hospicenh@nexicom.net](mailto:hospicenh@nexicom.net)

**Address:** Box 875, 27 Bridge St. E, Bancroft, ON K0L 1C0

## North Hastings Children's Services

Target Group:	Families with children birth to 12 years old.
Services:	Please see page 12.
Telephone:	613-332-0179

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## North Hastings Community Integration Association

Target Group:	Children/youth/adults with an intellectual disability and their support network.
Services:	<b>Supported Independent Living</b> – Supports to live independently and safely in the community. Supports are based on individual plans and needs. <b>Day Support</b> – individual and group supports. <b>Adult Respite</b> - 18 and over individualized funding, use of an apartment to facilitate plans. <b>Mental Health Access</b> – support, advocacy, and referrals for individuals with a dual diagnosis to access mental health services. <b>Youth-to-adult Transition</b> – for 15-25-year-olds and their families. Program includes life skills, pre-employment training, work experience placements, and community life. <b>Children and Family Support</b> <b>Out-of-home Respite</b> <b>Summer Camp</b> <b>Assistance with funding applications for various programs</b>
Telephone:	613-332-2090
Fax:	613-332-4762
Email:	communityliving@nhcia.ca
Address:	Box 1508, 2 Alice Street Bancroft, ON K0L 1C0

## **Assistance for Children with Severe Disabilities (A.C.S.D.)**

- Target Group:** Children under 18 yrs with identified/ diagnosed special needs including physical/ intellectual disabilities, ADHD, ADD etc.
- Services:** Funding to purchase supports and services such as medical, travel, parent relief, special diet, diaper supplies, eye glasses, summer camp programs, special clothing needs, etc. Eligibility for funding is income-based and must include professional supporting documentation with application form. For further details and contact information see North Hastings Community Integration Association on pages 27-28.
- Telephone:** N.H.C.I.A. 613-332-2090 or 1-800-646-3209

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## **Assistive Devices Program (A.D.P.)**

- Target Group:** Ontario residents with disabilities, long term.
- Services:** Up to 75% funding for communication devices, visual aids, wheelchairs, external braces, seating inserts, positioning supports, prosthetics, hearing aids, respiratory equipment.
- Telephone:** 1-800-268-6021 or 416-327-8804  
TTY 1-800-387-5559
- Fax:** 416-327-8192
- Website:** [www.health.gov.on.ca](http://www.health.gov.on.ca)
- Address:** A.D.P. Ministry of Health, 5700 Young St.  
7<sup>th</sup>, Floor, North York, ON M2M 4K5

## Ministry of Community and Social Services

**Target Group:** Individuals and families living in South Eastern Ontario.

**Services:** Information on available family supports and services including financial support for children/ families living with a disability.

**Telephone** 1-800-646-3209  
**TTY:** 613-536-7304

**Website:** [www.mcass.gov.on.ca](http://www.mcass.gov.on.ca)

**Address:** Southeast Regional Office  
11 Beechgrove Lane  
Kingston, ON K7M 9A6

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## Ministry of Children and Youth Services

**Target Group:** Children and youth.

**Services:** Promote healthy growth and child development; protect children from abuse and neglect (or those at risk of abuse and neglect); provide temporary or permanent guardianship for children separated from their families; place children for adoption; provide prevention and early intervention supports; provide counselling and treatment for children with emotional or behavioural problems and mental disorders. Services Include: behavioural intervention for children with autism and children with special needs; and other supports to children and youth at high risk.

**Telephone:** 1-800-646-3209

**Address:** 11 Beechgrove Lane  
Kingston, ON K7M 9A6

## **North Hastings Community Integration Association**

Target Group:	Children/youth/adults with an intellectual disability and their families.
Services:	Assistance in finding funding, referrals and application help for programs such as S.S.A.H. or A.C.S.D. For further information please see the full NHCIA listing in the Family Support section on page 28.
Telephone:	613-332-2090

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## **North Hastings Community Trust**

Target Group:	Individuals, families and children on low or fixed incomes.
Services:	Emergency financial assistance and community referrals to help with items such as: rent, medical expenses, heat, hydro, dentures, appliances and groceries may be covered.
Telephone:	613-332-2504
Address:	PO Box 1615, Bancroft, ON K0L 1C0

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## **Ontario Disability Support Program (O.D.S.P.)**

Target Group:	Individuals with disabilities.
Services:	Financial support - monthly pension for people over 18 years of age with an intellectual disability. Employment supports (see Employment).
Telephone:	1-800-267-4355 – Belleville 1-800-663-8560 - Peterborough

## Ontario Drug Benefit Program

Target Group:	Senior citizens (65 yrs +) and residents of long-term care homes, or Trillium drug recipients.
Services:	Financial support for drugs, applications available at local pharmacy.
Telephone:	1-888-405-0405 - seniors information line
Website:	<a href="http://www.health.gov.on.ca">www.health.gov.on.ca</a>

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## Special Services at Home (S.S.A.H.)

Target Group:	Families caring for an individual with a severe disability at home.
Services:	Funding for supports and services for children/adults with an intellectual/developmental disability or children with a physical disability living at home. Eligibility is not income based, but is based on individual/family needs.
Telephone:	1-800-646-3209 or N.H.C.I.A. 613-332-2090
Website:	<a href="http://www.children.gov.on.ca">www.children.gov.on.ca</a>

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## Trillium Drug Program

Target Group:	Under 65 years of age.
Services:	May provide funding for drugs not covered by other drug plans.
Telephone:	1-800-575-5386
Email:	<a href="mailto:trillium@resolve.com">trillium@resolve.com</a>
Website:	<a href="http://www.health.gov.on.ca">www.health.gov.on.ca</a>

# HEALTH SERVICES

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For information about doctors, dentists, optometrists, hearing specialists, podiatrists, psychologists and/or psychiatrists, please see your phone book's "Yellow Pages"

## Access Centre for Hastings and Prince Edward Counties

Target Group:	Any individual qualifying for nursing, homemaking and physiotherapy at home.
Services:	Home Care Services, housekeeping and personal care needs.
Telephone:	613-332-2444
Fax:	613-332-4873
Website:	<a href="http://www.se.ccac-ont.ca">www.se.ccac-ont.ca</a>
Address:	229 Hastings St. N., Box 1499 Bancroft, ON K0L 1C0

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## Addiction Assessment & Counselling Centre

Target Group:	Individuals 12 years and older.
Services:	Assessment referral and counselling centre for people who have concerns with their own or other peoples' use of alcohol, drugs or problematic gambling.
Telephone:	613-332-6868
Fax:	613-332-6868
Address:	33 Flint St, Bancroft, ON K0L 1C0

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# HEALTH SERVICES

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For information about doctors, dentists, optometrists, hearing specialists, podiatrists, psychologists and/or psychiatrists, please see your phone book's "Yellow Pages"

## **Bancroft Family Health Team**

Target Group:	Residents of North Hastings.
Services:	Women's Health Clinic, Chronic Disease Management (high blood pressure, colorectal screening, lifestyle and substance abuse), Chronic Pain Management, Diabetes education, dietitian, nurse practitioner (primary care), social worker psychologist, Injection and Wound Care Clinic, respiratory therapist, chiropodist
Telephone:	613-332-6783 for appointments
Fax:	613-332-0526
Email:	cedwards@bancroftfht.com
Address:	16 Billa Street, 2nd floor, Box 578 Bancroft, ON K0L 1C0

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## **Brain Injury Association Quinte District**

Target Group:	Head/Brain injury survivors, their families and their communities. Monthly meetings in Bancroft (call for meeting dates).
Services:	Please see page 23.
Telephone:	1-866-894-8884 or 613-967-2756

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## **Children's Hospital of Eastern Ontario (CHEO)**

Target Group:	0-18 years requiring specialized medical care.
Services:	Medical and other health related services including assessments and referrals.
Telephone:	613-737-7600
Website:	www.cheo.on.ca
Address:	401 Smyth Rd., Ottawa, ON K1H 8L1

# HEALTH SERVICES

For information about doctors, dentists, optometrists, hearing specialists, podiatrists, psychologists and/or psychiatrists, please see your phone book's "Yellow Pages"

## Community Care North Hastings

**Target Group:** Seniors or adults with disabilities.

**Services:** Foot Care Clinics; taping for visually impaired; friendly visiting; security/reassurance; income tax preparation; wheelchair accessible bus; transportation; meals on wheels.

**Telephone:** 613-332-4700

**Fax:** 613-332-0432

**Email:** [ccnh@bellnet.ca](mailto:ccnh@bellnet.ca)

**Website:** <http://comcarenh.org>

**Address:** 1 Manor Lane, Lower Level, Box 1786  
Bancroft, ON K0L 1C0



For information about doctors, dentists, optometrists, hearing specialists, podiatrists, psychologists and/or psychiatrists, please see your phone book's "Yellow Pages"

## Hastings and Prince Edward Counties Health Unit

Target Group:	Everyone in Hastings County (including Belleville & Quinte West) & Prince Edward County.
Services:	All public health services mandated by the Province of Ontario. Departments include: Chronic Disease and Injury Prevention (e.g. healthy weights, physical activity, tobacco issues); Communicable Disease Control (e.g. flu shots, immunizations for school children, sexual health); Environmental Health (e.g. beach postings, food safety, safe drinking water); Family Health (e.g. breastfeeding, parenting, growth & development; Oral Health (e.g. Children in Need of Treatment - CINOT, Ontario Works children and adult programs.)
Telephone:	Main office Belleville: Toll Free 1-800-267-2803 Bancroft office: 613-332-4555
Fax:	613-332-5418 - Bancroft office
Website:	<a href="http://www.hpechu.on.ca">www.hpechu.on.ca</a>
Address:	North Hastings Office 1 Manor Lane, Unit #1, Second floor Box 99, Bancroft, ON K0L 1C0

## Homecare Agencies

Target Group:	Individuals needing assistance with daily living at home and palliative care support.
Services:	Medical, personal and housekeeping services provided at home.
Telephone:	Access Centre for Hastings and Prince Edward Counties ..... 613-332-2444 All Care Health Service ..... 613-962-3426 Canadian Red Cross ..... 613-338-5222 COMCARE Health Services 613-332-1073 Paramed Health Services ... 613-332-0590 Victorian Order of Nurses 1-888-279-4866

For information about doctors, dentists, optometrists, hearing specialists, podiatrists, psychologists and/or psychiatrists, please see your phone book's "Yellow Pages"

## Hospital for Sick Children (Sick Kids)

Target Group:	Children (birth to 18 years) requiring specialized medical care.
Services:	Medical and other health related services including assessments and referrals.
Telephone:	1-416-813-1500, 1-866-797-0000
Website:	<a href="http://www.sickkids.ca">www.sickkids.ca</a>
Address:	555 University Ave., Toronto, ON M5G 1X8

## Links to Health

Target Group:	General public.
Services:	Psychological and Rehabilitation Services
Telephone:	613-332-3115 or 1-877-525-2142
Fax:	613-332-1520
Email:	<a href="mailto:ildafurtado@gmail.com">ildafurtado@gmail.com</a>
Website:	<a href="http://www.linkstohealth.ca">www.linkstohealth.ca</a>
Address:	91 Chemaushgon Rd., Box 459 Bancroft, ON K0L 1C0

## Long Term Care Program

Target Group:	Seniors
Services:	Provides visiting, security checks, care giver support, assistance accessing other support services and transportation to medical appointments to enable individuals to live independently.
Telephone:	613-332-2575 or 1-877-407-1180
Fax:	613-332-3042
Address:	91 Chemaushgon Rd., Box 537 Bancroft, ON K0L 1C0

For information about doctors, dentists, optometrists, hearing specialists, podiatrists, psychologists and/or psychiatrists, please see your phone book's "Yellow Pages"

## **Mental Health Services Hastings Prince Edward Corporation**

Target Group:	Individuals 16 years and older with serious mental illness.
Services:	Please see page 44 for complete listing.
Telephone:	613-332-3826

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## **North Hastings Family Health Team (Community Clinic)**

Target Group:	Patients residing in North Hastings.
Services:	Primary health care services delivered by a Physician, Nurse Practitioner, Dietician, Social Worker, Registered Nurse, and visiting specialists. Diabetes Clinic, Anticoagulation Clinic, Holter & BP monitoring and Health Education provided by an experienced collaborative team.
Telephone:	613-332-5692
Fax:	613-332-5749
Email:	<a href="mailto:nhhealthclinic@bellnet.ca">nhhealthclinic@bellnet.ca</a>
Website:	<a href="http://www.northhastingsfamilyhealthteam.com">www.northhastingsfamilyhealthteam.com</a>
Address:	Box 418, 1P Manor Lane (2 <sup>nd</sup> Floor) Bancroft, ON K0L 1C0

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## **North Hastings Hospital (Quinte Health Care North Hastings)**

Target Group:	Public.
Services:	Hospital services and emergency care.
Telephone:	613-332-2825
Fax:	613-332-3847
Website:	<a href="http://www.qhc.on.ca">www.qhc.on.ca</a>
Address:	1H Manor Lane, Box 157, Bancroft, ON K0L 1C0

For information about doctors, dentists, optometrists, hearing specialists, podiatrists, psychologists and/or psychiatrists, please see your phone book's "Yellow Pages"

## **Ontario Regional Poison Information Centre**

Target Group:	Public.
Services:	Information on poisons, medications and noxious plants and gases.
Telephone:	1-800-268-9017
Website:	<a href="http://www.ontariopoisoncentre.ca">www.ontariopoisoncentre.ca</a>

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## **South East Community Care Access Centre**

Target Group:	Residents of Ontario with a valid health card.
Services:	Government funded homecare services and access to Long-term Care Homes and Adult Day Services.
Telephone:	613-332-2444
Fax:	613-332-4873
Website:	<a href="http://www.se.ccac-ont.ca">www.se.ccac-ont.ca</a>
Address:	229 Hastings St. N., Box 1449 Bancroft, ON K0L 1C0

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## **Adult Protective Services (Counselling Services of Belleville and District)**

Target Group:	Adults in North Hastings who have an intellectual disability.
Services:	For complete listing see page 9.
Telephone:	613-966-7413

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## **ARCH Disability Law Centre**

Target Group:	People with disabilities in Ontario.
Services:	A community legal aid clinic dedicated to defending and advancing the equality rights of people with disabilities in Ontario. Provides advice and referrals for legal issues. Involved in law and policy reform, community education and development. ARCH staff are available to speak to groups seeking information on law/public policy and disability issues, as well as ARCH's current activities. Call for more details.
Telephone:	416-482-8255 Toll Free 1-866-480-2724
Fax:	416-482-2981 Toll Free 1-866-881-2738
TTY:	416-482-1254 Toll Free 1-866-482-2728
Email:	archlib@lao.on.ca
Website:	www.archdisabilitylaw.ca
Address:	425 Bloor St. E., Suite 110 Toronto, ON M4W 3R5

## Community Advocacy & Legal Centre

Target Group:	People with a low income.
Services:	They provide referrals, legal information, legal advice, representation before courts and tribunals, Tenant Duty Counsel, community development and law reform. Specific issue areas include: disability pensions, problems with welfare, criminal injuries compensation, human rights, employment law, children's "special education" issues (Pro Bono project), consumer and debtor/creditor problems.
Telephone:	1-877-966-8686
Fax:	613-966-6251
TTY:	1-877-966-8714 or 613 966-8714
Email:	Deaf Clients only: <a href="mailto:calcgen3@lao.on.ca">calcgen3@lao.on.ca</a>
Website:	<a href="http://www.communitylegalcentre.ca">www.communitylegalcentre.ca</a>
Address:	Bancroft office: North Hastings Professional Building, 1 Manor Lane, Room 20 Belleville office: 158 George Street, Level 1 Belleville, ON K8N 3H2

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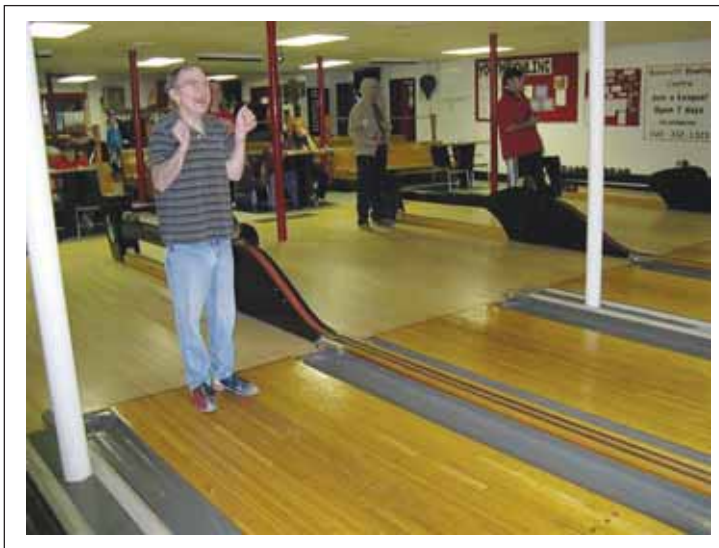
## Legal Aid Ontario

Target Group:	Public.
Services:	<p>Provides legal advice and assistance to low-income Ontarians for qualifying criminal offences, family law, child and family services and immigration matters.</p> <p>Two Advice Clinics are also offered. Mondays 12-3 pm at the Legal Aid Office, Belleville, for qualifying criminal, civil and First Nations legal matters and the Family Law Information Centre (FLIC) Fridays at the Family Court, 199 Front Street, Belleville from 9 am - 1 pm.</p> <p>Telephone application service is also available. Lawyer Referral Service, \$6.00 fee for service, charged to telephone bill, provides up to 30 minutes of legal advice - 1-900-565-4577</p>
Telephone:	1-888-551-9755 or 613-962-9634
Fax:	613-962-4001
Website:	<a href="http://www.legalaid.on.ca">www.legalaid.on.ca</a>
Address:	214 Pinnacle St., Belleville, ON K8N 3A6

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## The Office of the Provincial Advocate for Children and Youth

Target Group:	Children, youth and families receiving or seeking services under the Child and Family Services Act and the Education Act (Provincial and Demonstration Schools).
Services:	Protects the rights and interests of children and youth, mediates complaints, identifies systemic problems affecting youth, advises ministries of gaps in service delivery, reports directly to the Ontario Legislature
Telephone:	416-325-5669 Toll Free 1-800-263-2841
Fax:	416-325-5681
Email:	<a href="mailto:advocacy@provincialadvocate.on.ca">advocacy@provincialadvocate.on.ca</a>
Website:	<a href="http://www.provincialadvocate.on.ca">www.provincialadvocate.on.ca</a>
Address:	250 Davisville Avenue, 5th Floor, Suite 503 Toronto, ON M7A 1E9



# MENTAL HEALTH & COUNSELLING SERVICES

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## Addiction Assessment & Counselling Centre

Target Group:	Individuals 12 years and older.
Services:	Assessment, referral and counselling centre for people who have concerns with their own or other people's use of alcohol, drugs or problematic gambling.
Telephone:	613-332-6868
Address:	33 Flint St, Bancroft, ON K0L 1C0

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## Alzheimer Society of Belleville-Hastings-Quinte North Hastings Office

Target Group:	People diagnosed with Alzheimer's disease or other type of dementia and their caregivers.
Services:	Support in individual and group counselling, monthly meetings of Friends of Bancroft and numerous free resources.
Telephone:	613-332-4614

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## Children's Mental Health Services

Target Group:	Families, children and youth up to age 18.
Services:	Community-based, not-for-profit counselling services to individuals, families and groups for the full spectrum of mental health, behavioural and parenting issues.
Telephone:	613-332-3807
Fax:	613-332-9976
Website:	<a href="http://cmhs-hpe.on.ca">cmhs-hpe.on.ca</a>
Address:	8 Hastings St. N., Box 88 Bancroft, ON K0L 1C0

## Counselling Services of Belleville and District (C.S.B.D.)

Target Group:	Birth throughout life span
Services:	Please see full entry on page 9.
Telephone:	613-966-7413

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## Dual Diagnosis Community Outreach Team

Target Group:	Clients age 16 and over who have a dual diagnosis - an intellectual disability, or autism or pervasive developmental disorder, with a suspected or diagnosed mental illness and/or behavioral disorders.
Services:	Bi-monthly clinics in Bancroft. DDCOT works with individual family members, service providers, family physicians and other referral sources to determine a diagnosis and develop individual treatment recommendations to improve the quality of life of a person living with a dual diagnosis. Team members include psychiatrists, a psychologist, nurses, an occupational therapist and a social worker
Telephone:	For referral info: 310-OPEN for general info call NHCIA @ 613-332-2090 ext. 307 - Bev Lloyd
Address:	2 Alice St., Bancroft, ON K0L 1C0

# MENTAL HEALTH & COUNSELLING SERVICES

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## **Fetal Alcohol Spectrum Disorder (Centre for Addiction & Mental Health)**

Target Group:	Individuals, families and organizations in Hastings County.
Services:	Consultation, resource and referral information. Community education.
Telephone:	613-392-0277 or 1-888-287-4439
Fax:	613-392-1274
Email:	michael_piercy@camh.net
Address:	56 Orchard Lane, Quinte West, ON K8V 5P4

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## **Heads Up**

Target Group:	People 14 to 35 years of age showing early signs of psychosis or have not received previous or adequate treatment for psychosis within the past 3 years.
Services:	Clinical service of early psychosis intervention program for Southeastern Ontario sponsored by Hotel Dieu Hospital
Telephone:	1-866-485-2728 or Belleville 613-967-6343
Website:	<a href="http://www.headsupgorogram.ca">www.headsupgorogram.ca</a>

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## **Maggie's Resource Centre of North Hastings**

Target Group:	Women in crisis.
Services:	Counselling and support for abused women.
Telephone:	613-332-3010
Fax:	613-332-6629
Email:	<a href="mailto:maggies@on.aibn.com">maggies@on.aibn.com</a>
Website:	<a href="http://www.maggiesresourcecentre.org">www.maggiesresourcecentre.org</a>
Address:	63 Cleak St., Box 611, Bancroft, ON K0L 1C0

# MENTAL HEALTH & COUNSELLING SERVICES

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## **Mental Health Services Hastings Prince Edward Corporation**

Target Group:	Individuals 16 years and older with serious mental illness.
Services:	Counselling, case management, psychiatric consultation for clients, support groups, social and recreational programs, skills training groups, client advocacy, consultation, education. Services offered in-home or the office.
Telephone:	613-332-3826
Website:	<a href="http://www.mentalhealthservices.ca">www.mentalhealthservices.ca</a>
Address:	33 Flint Ave., Box 1389, Bancroft, ON K0L 1C0

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## **Mental Health Support Network of South East Ontario Corp.**

Target Group:	Persons over 16 years of age with mental health issues
Services:	Peer support. Social recreational groups, outings. Advocacy, computers, resource information and supportive groups.
Telephone:	613-332-4056
Email:	<a href="mailto:jwhite@mhsn.ca">jwhite@mhsn.ca</a>
Website:	<a href="http://www.mhsn.ca">www.mhsn.ca</a>
Address:	113 Hastings St. N., Bancroft, ON K0L 1C0

# MENTAL HEALTH & COUNSELLING SERVICES

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## **NAMI - National Alliance for the Mentally Ill**

Target Group:	Family members/caregivers/friends of people with mental illness/staff at support agencies.
Services:	<p>FREE 12 week “Family to Family Education Program” to empower and educate family members and supportive friends, partners, caregivers of those living with mental health issues. Classes are taught by co-leaders who are graduates of the course, volunteer certified NAMI teachers.</p> <p>FREE 10 week (30 hrs) “Providers Education Course” for agency staff and community support services including independent contract workers, staff from agencies providing dual services and those who work at any level with those living in the community dealing with challenges combined.</p>
Telephone:	613-334-6309
Email:	ravenram@sympatico.ca naminorth@hotmail.com
Website:	www.nami.org
Address:	c/o Ainslie Mistysyn, NAMI Course Coordinator RR 3, Bancroft, ON K0L 1C0

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# MENTAL HEALTH & COUNSELLING SERVICES

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## North Hastings Community Integration Association

Target Group:	People 14 yrs or older with a dual diagnosis (intellectual disability and mental illness) and their support network.
Services:	Education about dual diagnosis, information regarding rights and responsibilities, and advocating using a multi-disciplinary model. Assistance accessing mental health and dual diagnosis services (e.g. A.C.T.T., D.D.C.O.T, counseling, peer support etc.). Assist with behavior and medication plans as requested, and facilitate life and emergency planning. Support with funding applications and issues, including O.D.S.P.
Telephone:	613-332-2090

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## Sexual Assault Centre for Quinte & District

Target Group:	Women and men who have been victims of sexual violence.
Services:	Individual counselling; support groups; 24-hour crisis line; lending library; public education; “safe place” drop-in centre; support and advocacy.
Telephone:	613-332-0757 or 1-800-909-7007
Email:	sacqd@lks.net
Address:	2B Bridge St. E., Bancroft, ON K0L 1C0

# MENTAL HEALTH & COUNSELLING SERVICES

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## Tamarack Women's Resource Centre

Target Group:	Women aged 16 and older.
Services:	Our focus is violence prevention and economic security. We provide advocacy, individual and group supportive counselling, workshops on a variety of women's issues, assistance with resumes and cover letters, peer support, group activities and information and referral service.
Telephone:	613-332-1878
Fax:	613-332-1162
Email:	tamarack@on.aibn.com
Address:	63 Cleak St., Box 611, Bancroft, ON K0L 1C0

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## Camp Winston

Target Group:	Children who are diagnosed with complex neurological disorders such as Tourette Syndrome, Attention Deficit Hyperactivity Disorder, Obsessive Compulsive Disorder, Asperger's Syndrome, Learning Disabilities and Autism. They support children who fall at the severe end of the spectrum of the disorder.
Services:	Camp experience, training.
Telephone:	416-487-6229
Fax:	416-487-1610
Email:	mail@campwinston.com
Web:	www.campwinston.com
Address:	2040 Yonge St., Suite 208, Toronto, ON M4S 1Z9

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## Cedar Ridge Camp

Target Group:	Children and youth 7-15 years near Bancroft.
Services:	Traditional residential, co-ed summer camp. 2-week and 1-month sessions and day camp options are available. Supervision and instruction in swimming, canoeing, kayaking, archery, mountain biking, wall climbing, sailing, etc.
Telephone:	1-877-334-6675
Fax:	613-332-6675
Email:	info@cedarridgecamp.ca
Website:	www.cedarridgecamp.ca
Address:	57 Cemetery Road, McArthur's Mills, ON K0L 2M0

## **Equine Assisted Living and Learning (EQUALL)**

Target Group:	Children and adults age 6 years and up with emotional, intellectual and/or physical challenges.
Services:	Therapeutic horseback riding. EQUALL is a volunteer based organization in North Hastings dedicated to providing a safe, supportive and individualized therapeutic equine program for people with emotional, intellectual and/or physical challenges.
Telephone:	613-339-2395 Melanie Cressman
Email:	info@halladaysequine.com
Website:	www.halladaysequine.com/therapeuticriding
Address:	28217 Hwy 28S Box 819, RR#3, Bancroft, ON K0L 1C0

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## **Experience Summer Day Camp North Hastings Community Integration Association North Hastings Children's Services**

Target Group:	Children ages 5-13 years with and without disabilities.
Services:	Experience Summer is an integrated day camp program where the focus is on learning about our community, being environmentally responsible, celebrating diversity and learning important skills such as problem solving. A truly unique and inclusive camp experience.
Telephone:	613-332-2090 or 613-332-0179
Fax:	613-332-4762 or 613-332-0308
Email:	communityliving@nhcia.ca
Address:	2 Alice Street, Box 1508 Bancroft, ON K0L 1C0

## **Girl Guides/Brownies/Sparks**

Target Group:	Girls 5 to 18 years. Guiding emphasizes citizenship, leadership service and lifeskills development.
Services:	Leadership, lifeskills development, fun, friendship, outdoor adventure.
Telephone:	613-332-1118 Jen Coulter 1-800-416-6888
Website:	<a href="http://www.girlguides.ca">www.girlguides.ca</a>
Address:	Various locations throughout North Hastings

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## **Graphite Bible Camp**

Target Group:	Children who have completed Gr. 1 and up to the age of 19. Specialized accommodations for campers may be available.
Services:	Six-week day camp; over-night camp; off season week-end retreats; meeting and function hall.
Telephone:	613-338-5622
Fax:	613-338-2882
Email:	<a href="mailto:grapbc@northcom.net">grapbc@northcom.net</a>
Address:	RR#1, 702 Graphite Rd, Maynooth, ON K0L 2S0

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## Joy Bible Camp

Target Group:	All ages. Specialized accommodations for campers may be available.
Services:	Four weeks of family camping in July. Permanent trailer sites, 11 rental trailer sites, two cottages. Explore Camp co-ed: ages 7-9. Boys Adventure Camp: 10-12, Girls Adventure Camp: 10-12. Junior Youth co-ed: 13-14 Senior Youth co-ed: 15-19
Telephone:	613-332-3696
Fax:	613-332-3541
Email:	joycamp@northcom.net
Address:	Box 1480, Bancroft, ON K0L 1C0

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## Lake Scugog United Church Camp

Target Group:	Youth and children who might not otherwise have the opportunity to enjoy a summer camp experience. Mothers and children of low income or "at risk" families. Can accommodate children/youth with special needs please call to discuss.
Services:	Ratio of 1 staff to 2 campers. Activities include archery, swimming, crafts, canoeing, kayaking, out tripping, biking, low ropes.
Telephone:	For registration: (905) 837-0648
Website:	<a href="http://www.lakescugogcamp.org">www.lakescugogcamp.org</a>
Address:	Lake Scugog Camp Registrar 1757 Broadoak Cresc., Pickering, ON L1V 4S6

## Reach for the Rainbow

Target Group:	Children with disabilities (7-14 years).
Services:	Unique and totally integrated summer camp experience to provide relief for families already practising an integrated lifestyle.
Telephone:	416-503-0088
Website:	<a href="http://www.reachfortherainbow.ca">www.reachfortherainbow.ca</a>
Address:	20 Torlake Crescent, Toronto, ON M8Z 1B3

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## Scout Troop

Target Group:	Boys 5-18 years old.
Services:	Scouts learn outdoor skills, team-building, develop a sense of responsibility, community and camping.
Telephone:	613-332-4907

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## Sea Cadets

Target Group:	Youth ages 12-19.
Services:	Free weekly meetings, learning indoor and outdoor skills, camping, boating, sailing and community involvement.
Telephone:	613-339-1520
Address	Held at Dungannon Recreation Centre L'Amable, ON

## Seniors Club 580

Target Group:	Seniors 55 and over.
Services:	Social club - Tues. morning shuffleboard Tues. afternoon shuffleboard & carpet bowling Wed. afternoon Euchre. Hall rental available.
Telephone:	613-332-0933 Bookings 613-338-2151
Address:	168 Hastings St. N. Box 1201 Bancroft, ON K0L 1C0

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## Special Olympics

Target Group:	Ages 8 and over in Region 12.
Services:	To provide non-competitive social interaction. Activities include bowling, soccer, swimming, baseball, downhill and cross country skiing.
Telephone:	1-888-333-5515 ext. 248
Website:	<a href="http://www.specialolympics.ca">www.specialolympics.ca</a>

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## The Ontario Camping Association

Target Group:	Children and families seeking a camp experience.
Services:	Information on camps in Ontario (additional information on special needs and/or integrated camps).
Telephone:	416-485-0425
Email:	<a href="mailto:info@ontariocamps.ca">info@ontariocamps.ca</a>
Website:	<a href="http://www.ontariocamps.ca">www.ontariocamps.ca</a>
Address:	205 Merton St., Suite 403, Toronto, ON M4S 1B1

## Town of Bancroft Parks and Recreation Department

Target Group:	Residents of the Town of Bancroft.
Services:	Promotion, facilitation, and where possible, provision of opportunities for all community members to live a healthy, creative and active lifestyle. These opportunities include programs, special events and collaboration with the community on the development and provision of parks, community centres and other leisure facilities
Telephone:	613-332-0427
Fax:	613-332-0384
Email:	<a href="mailto:lbast@town.bancroft.on.ca">lbast@town.bancroft.on.ca</a>
Website:	<a href="http://www.town.bancroft.on.ca">www.town.bancroft.on.ca</a>
Address:	60 Monk St., Box 790 Bancroft, ON K0L 1C0



# TRANSPORTATION SERVICES

## **Bancroft Community Transit**

Target Group:	Under 55 years old.
Services:	Provides local and out of town transportation. 24 hour notice required.
Telephone:	613-332-2732
Fax:	613-332-2760
Email:	bancroft@bellnet.ca
Website:	www.communitytransit.com
Address:	91 Chemaushgon Road Bancroft, ON K0L 1C0

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## **Bancroft Taxi**

Target Group:	Individuals seeking transportation.
Services:	Transportation for a fee.
Telephone:	613-332-8294
Address:	29622 Hwy 62S, RR 2, Bancroft, ON K0L 1C0

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## **Canadian Cancer Society Transportation**

Target Group:	People with cancer, and those supporting family and friends.
Services:	Transportation to appointments and lodges.
Telephone:	613-332-3612 to register for transportation services.
Website:	www.cancer.ca

# TRANSPORTATION SERVICES

## Community Care North Hastings

Target Group:	People 55 years or older, and adults with a disability.
Services:	Provides local and out of town transportation via volunteer drivers or a wheelchair accessible bus. Please see page 35 for complete listing.
Telephone:	613-332-4700 Ext. 25 (bus); Ext. 21 (driver)

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## Foley Bus Lines

Target Group:	Anyone seeking transportation.
Services:	Transportation (including bus rentals for group trips). Bancroft to Belleville Line run every Friday year round.
Telephone:	613-473-4624
Fax:	613-473-0127
Address:	RR#1, Madoc, ON K0K 2K0

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## Foley Tours and Travel Inc.

Target Group:	Public
Services:	Custom charters for groups and organizations.
Telephone:	613-473-1999 Toll Free 1-877-473-1999
Address:	55 Durham St., Box 389 Madoc, ON K0K 2K0

# QUICK REFERENCE

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## For Services in North Hastings & Ontario

A.L.S. Society of Quinte.....	613-476-9181
Aboriginal Healthy Babies, Healthy Children .....	613-332-2575
Access Centre for Hastings and Prince Edward Counties .....	613-332-2444
Addiction Assessment & Counselling Centre .....	613-332-6868
Adult Day Services – V.O.N.....	613-332-3126
Advocacy Resource Centre for the Handicapped (A.R.C.H.) .....	416-482-8255
Al-Anon Family Groups .....	613-732-8280
Alcoholics Anonymous .....	1-888-214-0473
Algonquin and Lakeshore Catholic District School Board.....	613-354-6257
Allergy and Asthma Information Association .....	1-800-611-7011
Alternative/Correspondence High School Credits, The Loft .....	613-332-9930
Alzheimer's Society of Belleville-Hastings-Quinte .....	613-332-4614
ARCH Disability Law Centre.....	416-482-8255 or 1-866-480-2724
Arthritis Society Client Service .....	613-967-1933
Arthritis Society of Ontario.....	1-800-321-1433
Assistance for Children with Severe Disabilities (A.C.S.D.)...1-800-646-3209	
Assistive Devices Program (A.D.P.).....	1-800-268-6021
Association for the Neurologically Disabled of Canada .....	1-800-561-1497
Bancroft Adult Learning Centre.....	613-332-9930
Bancroft Family Health Team .....	613-332-6783
Bancroft Community Transit .....	613-332-2732
Bancroft Hearing & Tinnitus Management Centre.....	613-332-3754
Bancroft Pregnancy Care Centre.....	613-332-4673
Bancroft Taxi .....	613-332-8294
Bell Canada Special Needs Centre.....	1-800-268-9243 or TTY 1-800-924-2
Belleville and District Adult Protection Services (A.P.S.W.) .....	613-966-7413
Bereaved Families of Ontario.....	1-800-236-6364
Bloorview MacMillan Centre .....	1-800-363-2440
Bob Rumball Associations for the Deaf .....	905-878-4932
Brain Injury Association Quinte District.....	1-866-894-8884
Camps, The Ontario Camping Association .....	416-485-0425
Camp, Lake Scugog United Church Camp .....	905-837-0648
Camp Winston .....	416-487-6229
Canada National Kinship Support .....	613-474-0035
Canadian Association for Community Living.....	416-661-9611
Canadian Cancer Society Support Groups.....	1-800-263-6750
Cancer information .....	1-888-939-3333
Canadian Cancer Society Transportation.....	613-332-3612
Canadian Hearing Society .....	1-877-347-3427
.....	1-877-347-3429
.....	Voice 613-966-8995
.....	TTY 613-966-7381
Canadian National Institute for the Blind .....	613-966-8833
Cangrands National Kinship Support .....	613-474-0035
Career Edge .....	613-332-3804
Cedar Ridge Camp .....	1-877-334-6675

# QUICK REFERENCE

## For Services in North Hastings & Ontario

Children's Aid Society .....	613-332-2425
After hours emergency .....	1-800-267-0570
(Quinte Regional Children's Foundation)	
Children's Mental Health Services .....	613-332-3807
Children's Hospital of Eastern Ontario (CHEO).....	613-737-7600
Children's Treatment Centre (Quinte).....	613-969-7400 ext 2247
Children's Mental Health Services .....	613-332-3807
Cloud 9 Mental Health .....	613-332-4056
Comhnadh Consulting .....	519-660-0493
Community Advocacy and Legal Centre.....	1-877-966-8686
Community Care North Hastings.....	613-332-4700
Community Cupboard.....	613-334-0432
Community Futures Development Corporation.....	613-332-5564
Community Living Ontario .....	416-447-4348
Community Mental Health Program .....	613-332-0511
Counseling Services of Belleville and District (C.S.B.D.).....	613-332-3227
Cystic Fibrosis Foundation.....	1-800-344-4823
Down Syndrome Association of Ontario.....	613-737-0658
Dual Diagnosis Community Outreach Team .....	613-332-2090
Easter Seal Society.....	1-800-668-6252
Epilepsy Ontario .....	1-800-463-1119
Equine Assisted Living and Learning (EQUALL) .....	613-339-2395
Experience Summer Day Camp .....	613-332-2090
Extend-A-Family .....	519-741-0190
Family Alliance Ontario.....	416-661-9611 ext. 207
Family Space (Quinte Inc.) .....	613-966-9427 or 1-800-952-2279
Families First .....	613-332-2090
Fetal Alcohol Spectrum Disorder .....	613-392-0277
Foley Bus Lines.....	613-473-4624
Food for You – Food for Two .....	613-332-4555
Foot Care (Registered Chiropractors).....	613-332-1565
G. Allan Roehrer Institute.....	1-800-856-2207
Geneva Centre for Autism .....	416-322-7877
Girl Guides/Brownies/Sparks .....	613-332-1118
Graphite Bible Camp.....	613-338-5622
GreenBrae Cottage Retirement Home .....	613-332-0434
Greyhound Canada.....	613-332-5363 or 1-800-661-8747
Hanen Centre Early Language .....	416-921-1073
Hastings and Prince Edward District School Board.....	613-332-2165
Hastings Centennial Manor .....	613-332-2070
Hastings Children's Aid Society .....	613-332-2425
Hastings Housing Resource Centre.....	613-332-8156

For information about doctors, dentists, optometrists, hearing specialists, podiatrists, psychologists and/or psychiatrists, please see your phone book's "Yellow Pages"

# QUICK REFERENCE

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## For Services in North Hastings & Ontario

Heads Up .....	1-866-485-2728 or Belleville 613-967-6343
Health Unit of Hastings and Prince Edward Counties .....	613-332-4555
Hemophilia Ontario, Toronto & Central Ontario .....	1-888-838-8846
Homecare Agencies	
Access Centre for Hastings Prince Edward Counties .....	613-332-2444
All Care Health Service .....	613-962-3426
Canadian Red Cross .....	613-338-5222
COMCARE Health Services.....	613-332-1073
Paramed Health Services .....	613-332-0590
Victorian Order of Nurses .....	1-888-279-4866
Hospice North Hastings.....	613-332-8014
Hospital for Sick Children (Sick Kids).....	1-866-797-0000
Joy Bible Camp.....	613-332-3696
Kerry's Place .....	Kingston Outreach Office 613-384-7800
Kids Help Line .....	1-800-668-6868
Lake Scugog United Church Camp.....	905-837-0646
Learning Clinic.....	613-332-3115
Learning Disabilities Association of Ontario .....	416-929-4311 ext. 22
Legal Aid Ontario .....	1-888-551-9755 or 613-962-9634
Links to Health .....	613-332-3115
Long Term Care Program .....	613-332-2575 or 1-877-407-1180
Loyalist College of Applied Arts and Technology.....	613-332-1743
Lucas Educational Consulting.....	613-395-1788
Maggies Resource Centre of North Hastings.....	613-332-3010
March of Dimes.....	1-888-686-0663
Mental Health Services Hastings & Prince Edward Corp. ....	613-332-3826
Mental Health Support Network of South East Ontario Corp. .	613-332-4056
Métis Nation of Ontario .....	613-332-2575
Ministry of Children and Youth Services.....	1-800-646-3209
Ministry of Community and Social Services .....	1-800-646-3209
Multiple Sclerosis Society of Canada .....	1-800-268-7582
Muscular Dystrophy Association of Canada .....	1-866-687-2538
NAMI - National Alliance for the Mentally Ill .....	613-334-6309
North Hastings Children's Services.....	613-332-0179
North Hastings Community Integration .....	613-332-2090
North Hastings Community Trust.....	613-332-2504
.....	or 1-800-267-0575 ext. 2239
North Hastings Family Health Team .....	613-332-5692
North Hastings Hospital .....	613-332-2825
North Hastings Non-Profit Housing Corporation -	
Woodview Lanes Town Homes .....	613-332-0876
Ombudsman Ontario .....	1-800-263-1830
Ontario Disability Support Program (O.D.S.P.)... Belleville -	1-800-267-4355
..... Peterborough -	1-800-663-8560
Ontario Drug Benefit Program.....	1-888-405-0405
Ontario Federation for Cerebral Palsy.....	1-877-244-9686
Ontario Foundation for the Visually Impaired Children.....	416-767-5977

# QUICK REFERENCE

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## For Services in North Hastings & Ontario

Ontario Juvenile Arthritis Association .....	1-800-321-1433
Ontario Regional Poison Information Centre .....	1-800-268-9017
Ontario Special Olympics Incorporated .....	1-888-333-5515
Ontario Works.....	613-332-3410
Participating Families .....	1-877-244-9686
People First of Ontario.....	519-560-3599
Physiotherapy, Pippa Strachan.....	613-332-0835
Poison Information.....	1-800-267-1373
Psychiatrist, Dr. R. Hull .....	705-295-2977
Psychologist, Dr. A. Wolfgarth .....	613-968-4776
Psychologist, Links to Health, Dr. McAllister .....	613-332-3115
Quinte Children's Treatment Centre .....	613-969-7400
Quinte & Region Community Homes .....	613-332-9544
Riverside Chateau .....	613-332-3119
R & L Charters .....	613-332-5202
Reach for the Rainbow .....	416-503-0088
Sagonaska Demonstration School .....	613-967-2830
Scout Troop .....	613-332-4907
Sea Cadets .....	613-339-1520
Seniors Club 580 .....	613-332-0933 or Bookings 613-338-2151
Service Canada Centre .....	613-332-2528
Sexual Assault Centre.....	1-800-909-7007
Sexual Assault Response Program of Hastings & Prince Edward Counties .....	1-877-477-8617
Sir James Whitney School.....	1-800-501-6240 or 613-967-2823
South East Community Care Access Centre .....	613-332-2444
Special Olympics .....	1-888-333-5515 ext. 248
Special Services at Home (S.S.A.H.)r .....	1-800-646-3209
.....	or N.H.C.I.A. 613-332-2090
Spina Bifida & Hydrocephalus Association .....	1-800-387-1575
Sport for the Disabled .....	1-800-265-1539
Tamarack Women's Resource Centre.....	613-332-1878
The Office of the Provincial Advocate for Children and Youth ..	416-325-5669
.....	or 1-800-263-2841
Thistleton Regional Centre .....	416-326-0600
Tourette Syndrome Foundation of Canada .....	1-800-361-3120
Town of Bancroft Parks and Recreation Department.....	613-332-0427
Trillium Drug Program .....	1-800-575-5386
Variety Village/Club .....	416-699-7167
W. Ross MacDonald School .....	519-759-0730
Warm Line .....	1-866-922-5667
Youth Habilitation Quinte .....	613-332-5558

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# COMMUNITY LIVING

North Hastings Community  
Integration Association



*Building Partnerships for Community Living*



Box 1508  
Bancroft, ON K0L 1C0  
613-332-2090



**United Way  
of Quinte**

THE ONTARIO  
TRILLIUM  
FOUNDATION



LA FONDATION  
TRILLIUM  
DE L'ONTARIO